

Welcome to the beautiful Archipelago Island in South-West Finland!

Introduction summer courses in *Laban*

Movement Studies* and *Bartenieff

Fundamentals



Come and join the introduction courses on a small island in the middle of the Baltic sea!

Surrounded by water and the beautiful landscape of the south – western finnish archipelago, we will dance and learn about movement observation .

When?

**Introduction to Bartenieff Fundamentals 02.06.2024 - 04.06.2024
(arrival 1st June obligatory)**

The **Bartenieff Fundamentals** give an insight to early - childhood developmental processes. They provide a wide range of approaches for observation, re-patterning and creation of movement. In led exercises (“Basic-six”) and improvisational tasks we find guidance for developing embodied knowledge.

Introduction to Laban Movement Studies

06.06. 2024 – 08.06.2024 (arrival 05.06.2023 obligatory)

In classes of **Laban Movement Studies** we are exploring and observing movement within the categories of Body, Effort, Space, Shape, Phrasing and Relationship. Movement is complex. Observation which is cut down to small entities of different aspects of movement (e.g relationship to space) can be analysed within the structured system of Laban Bartenieff Movement studies. Like this we will experience our movement preferences playfully and we learn to understand how movement is composed. We work with set material and led improvisation.

It is possible to register for one course only or you can attend both courses

from 02.06. – 08.06. with a **free day on 05.06.2024**

Prices

1 Introduction course	à 18 x 60min	225,- €
	registered before Feb. 2024	190,- €
2 Introduction courses	à 18 x 60min	400,- €
	registered before Feb. 2024	360,- €

Information , registration and payment details by emailing susanne.montag-warna@laban-eurolab.org

**Visit also the webpage of EUROLAB e.V. (European association of Laban/Bartenieff Movement Studies)
www.laban-eurolab.org**

Accomodation and food Sleep

There are 6-8 places in shared space priced with 12€ per night .

The place is providing outside toilets and an extra building with showers (sauna can be negotiated/ extra fee)

There are 4 places in a cottage at the sea (shared rooms/small) for the price of

35€ per night per person (including sauna)

Food

We are serving full board (3 meals a day/also glutenfree and/or vegetarian/no vegan)

Cooked by a regular catering service for the price of 35€ a day.

There is a small shop on the next island, only reachable within 3 hours time by ferry and car/or bike/no walking distance.

I will be happy receiving you on Keistiö (Municipality of Parainen City/ South-west Finland)

for enjoying moved knowledge together!

Susanne Montag-Wärnä

(Certified Laban/ Bartenieff Movement Analyst/CLMA)